**EON Resources Guide**

***\*In person assistance may be unavailable. Check the resource’s webpage for further information\****

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| ***Resource*** | ***Location*** | ***What they do*** |
| *ACADEMIC* | | |
| **Penn State Learning** | 220 Boucke  7 Sparks  101 Pattee Library | Offers free tutoring in Econ, Languages, Math, Philosophy, Public Speaking, Sciences, Statistics, and Writing.  Group and individual tutoring available |
| **Writing Center** | 220 Boucke  191 Patee Library  (Part of Penn State Learning) | Help with:  -Research papers  -English papers  -Lab reports  -Creative writing  -Application essays  -Powerpoint/Prezi  -Speech outlines  -and more |
| **Office for Disability Services** | 116 Boucke | -Offer support services -Reasonable academic accommodations  -Promote disability awareness at Penn State |
| **Career Services Center** | Bank of America Building | Help with:  -exploring majors  -resumes and cover letters  -interviewing  -internships  -job search  -further education |
| **Engineering Advising Center** | 218 Hammond  https://www.engr.psu.edu/AdvisingCenter/ | Academic advising resource for students in pre-major status (ENGR). Once students have been admitted to a College of Engineering major, they will be assigned to a faculty adviser in that major.  -Encourage mentees to make an appointment at end of the semester  -don’t have to follow last name guidelines; look at faculty advisers for major specific Qs |
| *CAREER* | | |
| **eCareer** | http://www.engr.psu.edu/career/Students/resources/ecareer.aspx | Free online job search system that lists current engineering co-op, internship, and entry-level full-time opportunities at hundreds of companies and government agencies across the country and around the world. |
| **Nittany Lion Career Network (NLCN)** | [Nittany Lion Career Network (NLCN)](http://studentaffairs.psu.edu/career/students/NLCN.shtml) | [Nittany Lion Career Network (NLCN)](http://studentaffairs.psu.edu/career/students/NLCN.shtml) is an online job search resource available to all students in all majors at Penn State through the University-wide Career Services office. Most of the positions listed in NLCN are entry-level full-time positions, so this resource would be most useful to you if you are a graduating senior.  NLCN offers standard services similar to those available in eCareer, including the ability to view job postings and apply to jobs. It also offers an on-campus interviewing feature for students who are getting ready to graduate and LionLink, a networking program that links Penn State students with alumni volunteer career coaches. |
| **Career Envoys** | 3rd Floor Kunkle Lounge | Undergraduate and graduate students who have completed at least one co-op or internship experience.  -provide walk-in advising hours for engineering students  -answer questions about résumés, cover letters, interviews, and professionalism at work. |
| *TECHNOLOGY* | | |
| **Penn State Learning** | 220 Boucke  7 Sparks | Offers free tutoring in Econ, Languages, Math, Philosophy, Public Speaking, Sciences, Statistics, and Writing.  Group and individual tutoring available |
| **Media Commons** | Knowledge Commons Pattee Library  Pollock Computer Lab | Offers services to envision, produce, and publish multimedia projects.  Schedule an appointment for individualized help. |
| **IT Service Desk** | W130 Pattee Library  204 Wagner | Help with computer labs and technology classrooms  -can reserve study rooms in library for an exam or to practice presentations |
| **Rescom** | In most on-campus commons  http://rescom.psu.edu/ | Help with email setup, wireless/router setup for dorms |
| *ONLINE* | | |
| **Webmail** | https://webmail.psu.edu/ | The Penn State web-based email service |
| **eLiving** | http://www.eliving.psu.edu/ | Student Housing portal for:  -requesting contracts  -switching rooms  -choosing a meal plan  -and more |
| **Lionpath** | http://lionpath.psu.edu | A student information system for:  -enrolling in courses  -checking grades  -paying tuition bills  -and more. |
| **Canvas** | http://canvas.psu.edu/ | A learning management system (LMS) that offers students and faculty new ways to manage, navigate and access their courses online. |
| **Academic Plans** | http://www.engr.psu.edu/AcademicPlans/ | Find recommended academic plans for different ENGR majors to ensure you’re taking the classes you need and can graduate on time. |
| *HEALTH* | | |
| **Student Health Center (UHS)** | Next to the Eisenhower Parking Deck and the Bank of America Career Services Building off Bigler Road. | On-campus [clinical care](http://studentaffairs.psu.edu/health/services/clinicalServices/default.shtml)  AND  Onsite support services including [lab](http://studentaffairs.psu.edu/health/services/laboratory/default.shtml), [x-ray](http://studentaffairs.psu.edu/health/services/xray/default.shtml), [physical therapy](http://studentaffairs.psu.edu/health/services/physicalTherapy/default.shtml) and [pharmacy](http://studentaffairs.psu.edu/health/services/pharmacy/default.shtml). |
| **Counseling and Psychological Services (CAPS)** | 5th Floor of Student Health Center | -G[roup therapy](http://studentaffairs.psu.edu/counseling/services/group.shtml) sessions -I[ndividual counseling](http://studentaffairs.psu.edu/counseling/services/counseling.shtml)  -C[risis intervention](http://studentaffairs.psu.edu/counseling/crisis/default.shtml)  -P[sychiatric services](http://studentaffairs.psu.edu/counseling/services/psychiatric.shtml)  AND prevention, [outreach](http://studentaffairs.psu.edu/counseling/services/outreach.shtml), and consultation services for the University community. |
| **Mount Nittany Medical Center** | 1800 E Park Ave, State College, PA 16803  (814) 231-7000 | EMS staff offices are located on the first floor of the Student Health Center |
| **Student Fitness Centers** | - White Building – near the HUB on Shortlidge Road - Rec Hall – on Burrowes Road across from Waring Commons (West Halls) - IM Building – on Curtin Road next to East Halls | -Membership is not required for recreational activities in the buildings. - Membership is required for fitness center access. (Strength and cardio equipment, aerobics classes, and pools.)  -PSU ID is required for building access. |

**Know Your Resources Quiz**

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| Scenario: | Resource: |
| 1. A mentee asks you to look over their resume. Who else could you direct them to? |  |
| 2. You run into a mentee who seems to be very overwhelmed with their first semester classes, are very stressed out, and have pulled three all nighters in the past week. |  |
| 3. A mentee is struggling in Math 141 and asks you for help. You feel you are not the best resource since it has been 2 years since you took the class so you refer them to: |  |
| 4. A mentee wants to know where they can check their grade on their last Physics 211 exam. |  |
| 5. A mentee wants to pursue a summer internship but doesn’t know where or how to start. |  |
| 6. A mentee asks you to edit their Chem 111 Lab report… where else could they get help? |  |
| 7. A mentee mentions to you that they are struggling to complete exams in the given time and they think it may be due to their ADHD diagnosis. Who do you send them to? |  |
| 8. A mentee asks you what classes they should schedule next semester to stay on track with their major. Where would you tell them to look? |  |

Answer Key:

1. Career Services Center or Career Envoys
2. CAPS
3. Penn State Learning
4. Canvas (the new Angel)
5. NLCN or Career Services Center
6. Writing Center (Penn State Learning)
7. Office for Disability Services
8. Academic Plan